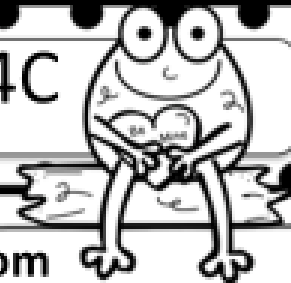


February 2017 – 4C



This Month in Our Classroom

We have a very busy month, especially in the shortest month of the year! In the first ½ of the month we will have a visit from a local dentist office, start to learn our addresses, make Valentines and learn about symmetry. Our second ½ of the month we will learn all about the foods we eat and how to make the best choices to keep our bodies healthy. We will be exploring different kinds of exercises every Wednesday, and will even take an awesome field trip to the exercise and physiology lab at ISU. We round out our month of health with a pajama day and will make individual pizzas. We also have our family exercise night this month on the 9th. All family members are invited to come and enjoy some great games and activities, guaranteed to burn off all of that winter energy!



New and noteworthy

This month, we will be having a W.W.-Workout Wednesday-every Wednesday of the month. We will be moving our bodies in a variety of ways. Please dress your child in 'movable' clothing and gym shoes on Wednesdays. Sweatpants, leggings, etc. are perfect!



Important Dates

- 2/3/17-wear red and crazy socks and/or hair do today.
- 2/9/17-all school family exercise night 6-7pm
- 2/14/17-Valentine's party 10:15-11:05 in the PLC
- 2/17/17-field trip to ISU exercise lab from 9-11-dress in comfortable clothing
- 2/20/17-No school
- 2/24/17-Wear pajamas to school



Valentine information

Children may bring in Valentines, signed with their name, for their classmates. You MAY include a store bought treat (pencil, stickers, etc.) If you are giving a food treat, please check all labels for nut allergens. "processed in a facility that may contain nuts", are not permitted at school. Also, we prefer that only your child's name be written on the Valentines. Writing so much can be stressful for some students. We do not want any undue stress on our children.