

3A & 3B



February 2017



Focus this month:
 Literacy- Purposes for print
 Math- Patterning
 Social Science- Roles in the grocery store
 Science- Healthy living & Good Nutrition
 Bible- Jesus Heals
 Art- Collage
 Music- Moving to music
 Dramatic play- Doctor's Office & Grocery store

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Go RED Day! Wear RED to class! Happy Healthy Hearts- * Patterns of Love	3 3B- Abby C Birthday	4
	6	7 Bible Story- The Four Friends Happy Healthy Bodies 3A-Ben H Birthday	8  3A-Charlie W Birthday	9 Healthy Habits- Dress to move your bodies! *Easel Paint	10 Family Night in PLC 6:00-7:00pm 3B Ellie N 1/2 Birthday	11
12	13 	14 Valentine's Day Party 3A 10:00 and 3B 1:15	15 3B Otis B Birthday	16 Healthy Teeth- Visit from dental hygienists	17 	18
19 	20 3A- Connor A. 1/2 Birthday	21 More Healthy Habits- Sewing a pillow for upcoming PJ party *Parent volunteer	22 3B- Harper H Birthday	23 Pajama Party! *Parent Volunteer to help make pancakes	24	25
26 Pancake Breakfast 8:15-12pm	27 	28 Healthy Eating				

February Newsletter 3A and 3B

Once again, a big Thank You to all the parents for your participation in our conference day. We are happy to be partners with you in the education of your child.

We're rolling from our Ball study right into February's unit on Health. We will explore the many ways we keep our hearts and bodies healthy and happy.

A healthy heart is a happy heart! We will learn about what our hearts do for our bodies and how to keep it healthy through exercise, nutrition, and sleep. Wear RED **February 2nd** for our **GO RED DAY** for healthy hearts.

In an extension of our healthy bodies lessons, we will be hosting a **Family Night** on **Thursday February 9th, from 6:00-7:00pm**. This will be an opportunity to run, jump and play to use some of our muscles that "hibernate" during the winter months. Dress for active play and be prepared for moving and grooving with your child. Hopefully we'll get everyone good and tired for a wonderful night's sleep!

To help us learn more about healthy habits, we'll turn our home-living area into Noah's Ark Grocery Store. Please take the opportunity to point out the various sections of the grocery store when you go on your next shopping trip and discuss with your child how they might set up their own play grocery store. Depending on what your child decides, you may encourage them to bring in items for our store. CLEAN, empty grocery items to stock our shelves, grocery carts, store coupons, brown bags, worker vests, grocery lists, food pictures, etc. are all great ideas. Please send these items **Feb. 2nd and 7th**.

Not only do our hearts need plenty of exercise and proper nutrients to stay healthy, but they also large doses of LOVE. Drs. Iverson, Faulkner, and Ayna prescribe one **Valentine Party for Tuesday, February 14th**. (3A 10:00-10:45 and 3B 1:15-2:00) Children are asked to bring Valentine's for their classmates on that day. Your child may want to practice writing their own name by signing each Valentine. We will deliver them in decorated sacks that we'll make in class. Please do NOT write other student's names on the Valentines- we will line up the bags and drop them in right down the row to keep things simple.

We will have a fun story, special activities, and a warm snack to illustrate the importance of getting plenty of rest and eating breakfast. On **Thursday February 23rd**, preschoolers are asked to come in their favorite pajamas, bring a blanket, and a favorite stuffed animal for a **Pajama Party**. More details to come!

Noah's Ark will prepare a feast of pancakes on **Sunday, February 26th**. We will be serving from 8:15 to 12:15 as a fundraiser fro Noah's Ark Preschool. Stop by before or after church. If you don't have church home to attend, feel free to come to a service at St. John's. (The 9:45 service has Sunday school, our Joy Zone would be happy to have your children join them!)